# **SPECIAL EVENTS, CAMPS AND PROGRAMS:**

### **OPEN GYMNASTICS (6+)**

Open Gym is for athletes who wish to use the facility to practice skills, routines, tumbling, training, etc. This unstructured time will be supervised by a qualified staff member who will spot, correct and encourage athletes as needed.

Saturdays1-2pmages 6+Tuesday8-9 pmages 17+

Price (Drop in Fee): \$5 Gymnastic Team Members \$8 Members \$10 Non-Members

## **PRIVATE GYMNASTICS LESSONS**

Private gymnastics lessons available! Call or email our Program Director for more information or to schedule.

### Price

1 hr.—\$45 Members | \$55 Non-Members 1/2 hr.—\$30 Members | \$35 Non-Members

Small groups of 4 or less are also available at an additional rate.

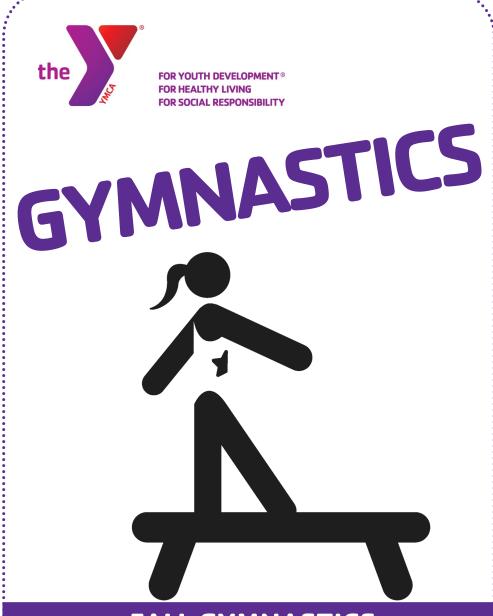
### **GYMNASTICS CENTER BIRTHDAY PARTIES**

#### **GYMNASTICS, SUPERHERO, NINJA WARROR**

#### **INCLUDED IN YOUR PARTY**

- 1 hour of activity, 45 minutes in the party room
- Access to the party room 15 minutes prior to party for set-up
- Fridge and Freezer if needed
- Party facilitator( s) for the whole duration of the party
- Maximum for Gymnastics-15 children.
  - All payments are due at time of booking.
- A fee of \$5 will be charged for each child above the maximums

TO BOOK A PARTY CALL 508-947-1390



FALL GYMNASTICS Dates: 11/1-12/23

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# **OLD COLONY YMCA**

# WELCOME!

The Old Colony Y Middleboro Branch Gymnastics Center offers preschool, youth and teen programs. The Gymnastics Center has all four Olympic gymnastics apparatus which include bars, beam, floor and TAC/10 vaulting table. We also provide preschool equipment, tumbling aids, stations and much more for all to enjoy! If you're looking for more than recreational gymnastics, our equipment and knowledgeable coaching staff will allow for a competitive and successful gymnastics experience. Join in and enrich the spirit, mind and body with gymnastics!

# **PRESCHOOL GYMNASTICS CLASSES**

Classes run in 2 month blocks throughout the school year Sept/Oct, Nov/Dec, Jan/Feb, Mar/Apr, May/June

### Price\*: \$100 Members || \$200 Non-members per 2mo. Unless otherwise notes

ME & MY TUMBLER (1-3 YRS)		
PARENT AND CHILD CLASS		
(30 MINS.)		
Sundays	9:45am	
Tuesdays	9:45am	
Fridays	9:45am	
\$85 Members	\$170 Non-members	

HOT SHOTS (4–6 YRS) \*\*INVITE ONLY

Tuesdays and Thursdays 12:30pm \$150 Members∥\$300 Non-members

#### TUMBLE WEEDS (3-4 YRS)(45 MINS.)

Sundays	10:30am
Tuesdays	10:30am
Thursdays	10:30am
Fridays	10:30am

#### TINY TUMBLERS (4-5 YRS)(45 MINS.)

Sundays	11:30am
Sundays	12:30pm
Tuesday	11:30am
Thursdays	11:30am
Fridays	11:30am

#### RISING STARS (5–6 YRS)(45 MINS.) Saturdays 12:00pm



# YOUTH GYMNASTICS CLASSES:

Classes run in 2 month blocks throughout the school year Sept/Oct, Nov/Dec, Jan/Feb, Mar/Apr, May/June

### Price\*: \$100 Members || \$200 Non-members per 2mo. Unless otherwise noted.

#### **ROLLERS (5-8)(45 MINS.)**

Tuesdays4:15pmTuesdays5:00pmThursdays4:15pmSaturdays9:00am

#### ROLLERS ADVANCED (5-8)(45 MINS.)

Saturday 11:00am

#### SWINGERS (8 AND UP)(45 MINS.)

Tuesdays4:15pmThursdays5:00pmSaturdays10:00am

#### KIPPERS(8 AND UP)(45 MINS.)

Thursdays 5:00pm (Advanced)

#### GYMNASTICS – NINJA STYLE TRAINING(5-12)(45 MINS.)

Saturday 9:00am (Ages 5-7) Saturday 10:00am (Ages 5-7) Saturday 11:00am (Ages 8+)

#### **TEAM GYMNASTICS PROGRAM**

\* Invitation Only Pre-Team Level 3 Level 4-10 Xcel

> For online registration please see our web page at www.oldcolonyymca.org/ middleboro

#### CONTACTS

Andrew Kelly Associate Executive Director AKelly@oldcolonyymca.org

Christina Fedele | Gymnastics Coordinator CFedele@oldcolonyymca.org

#### **OLD COLONY YMCA—MIDDLEBORO BRANCH**

61 E. Grove St., Middleboro | 508-947-1390



TUMBLING CLASS (ages 10–17)	
Saturday	2:15pm
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